



Orem's Self-care Deficit Theory and Nursing Care in Relation to Pneumonia: A Case Report

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ABSTRACT This study was designed to determine the self-care needs of pediatric patients with pneumonia according to Orem's Self-care Theory and to present them for nursing care. Establishing a scientific ground is one of the primary purposes of a professional discipline as well as a sine qua non of professionalization. Nursing is an applied medical discipline based on a professional philosophy, theory, practice and research. Orem, a leading theoretician of nursing practice, points out an interaction between human beings and their environment. Orem also argues that human beings are unique and unitary beings and that they cannot be separated from their environment and accordingly, delineates the components of his nursing theory into humans, health, environment, and nursing practice. This paper, therefore, discusses Orem's theory of self-care deficiency in relation to pneumonia.